



# KEMPSHOTT INFANT SCHOOL YOUR SCHOOL MENU

**NO NUT  
INGREDIENTS**

For information regarding our nut policy visit the FAQ section of our **special diet** web page.



The meals we prepare and serve **adhere to the Government's School Food Standards**. It includes the recommendations for portion sizes and food groups for all primary aged pupils.

**FOOD TO  
FLOURISH®**

Our nutritious lunches, on our **three-week menu cycle**, help children flourish by giving them the right balance of nutrients and energy.



We support British farming and are committed to full traceability in every meal we serve. We are proud the meat on our menu is farmed to **Red Tractor standard**.

**FOLLOW OUR CONVERSATION**

@hantseducationcatering

@hantsedcatering

**AT  
LEAST**

**75%**  
OF OUR  
MEALS

**ARE PREPARED FROM  
SCRATCH**

**DID YOU  
KNOW?**

**FRESH BREAD**

**PLUS  
SALAD**

**MADE  
DAILY**

**SAY YES TO SUCCESS**  
as part of the Government's  
UIFSM programme. For  
more details visit the  
[Year R Hub](#)

**SCHOOL LUNCH  
FREE  
FOR EVERY  
CHILD**  
*Applies to EYFS & KS1 pupils only.*



Contains



Fish on our menu is  
**FROM WELL-MANAGED AND  
SUSTAINABLE SOURCES**

# WEEK 1 MENU

WEEK STARTING

**5**  
MAY

**2**  
JUN

**23**  
JUN

**14**  
JUL


**8**  
SEP

**29**  
SEP

**20**  
OCT

## MONDAY

CHOOSE FROM  
Veggie bolognaise  
pasta 

Chicken Katsu curry with  
a blend of brown and  
white rice 

ON THE SIDE  
Vegetables of the  
day or salad

TO FINISH  
Freshly baked shortbread

## TUESDAY

CHOOSE FROM  
Vegetarian sausage roll  
with crinkle cut wedges 


Ham carbonara with pasta

ON THE SIDE  
Vegetables of the  
day or salad

TO FINISH  
Fruit, mousse or jelly

## WEDNESDAY


CHOOSE FROM  
Handmade margherita  
pizza 

Sticky honey glazed  
chicken with a blend of  
brown and white rice 

ON THE SIDE  
Vegetables of the  
day or salad

TO FINISH  
Rice crispy cake

## THURSDAY


CHOOSE FROM  
Plant-based sausage and  
Yorkshire pudding 

Sliced beef and Yorkshire  
pudding

ON THE SIDE  
Roast potatoes, gravy and  
vegetables of the day

TO FINISH  
Fruit, mousse or jelly

## FRIDAY


CHOOSE FROM  
Somerset cheddar cheese,  
onion and potato paste 





Baked Omega 3 fillet  
fish fingers and chips

ON THE SIDE  
Vegetables of the day  
or salad

TO FINISH  
Ginger sponge



Not only are several of  
our dishes **completely**  
**fuelled by PLANT POWER**  
but several more have  
 **additional hidden veggies**  
to benefit pupils, protect the  
environment and provide  
added nutrients.

-  Vegetarian
-  Vegan
-  Includes Plant Power
-  Additional hidden vegetables

All menu items are subject to  
change, based upon availability  
and in the event of unforeseen  
circumstances.

# WEEK 2 MENU

WEEK STARTING

**21**  
APR

**12**  
MAY

**9**  
JUN

**30**  
JUN



**21**  
JUL

**15**  
SEP

**6**  
OCT

## MONDAY

CHOOSE FROM

Plant-based sausage hotdog and diced potatoes  

Chicken curry with a blend of brown and white rice

ON THE SIDE

Vegetables of the day or salad

TO FINISH

Chocolate pudding

## TUESDAY

CHOOSE FROM

Roasted vegetable lasagne  

Pork sausages and mashed potatoes with gravy

ON THE SIDE

Vegetables of the day or salad

TO FINISH

Fruit, mousse or jelly

## WEDNESDAY

CHOOSE FROM

Handmade margherita pizza 

Bubble salmon and crinkle cut wedges

ON THE SIDE

Vegetables of the day or salad

TO FINISH

Honey biscuit

## THURSDAY

CHOOSE FROM

Quorn pieces in a Yorkshire pudding  

Sliced chicken and Yorkshire pudding

ON THE SIDE



Roast potatoes, gravy and vegetables of the day

TO FINISH

Fruit, mousse or jelly

## FRIDAY

CHOOSE FROM

Sweet potato and lentil curry with a blend of brown and white rice  

Baked Omega 3 fillet fish fingers and chips

ON THE SIDE

Vegetables of the day or salad

TO FINISH

Lemon drizzle sponge

## FARM TO FORK

Find out more about our ethical suppliers on our [website](#)



# WEEK 3 MENU

WEEK STARTING

**28**  
APR

**19**  
MAY

**16**  
JUN

**7**  
JUL


**1**  
SEP


**22**  
SEP

**13**  
OCT

## MONDAY

CHOOSE FROM

Macaroni cheese with  
Somerset cheddar 

Beef chilli con carne with  
a blend of brown and  
white rice 

ON THE SIDE

Vegetables of the  
day or salad


TO FINISH

Chocolate brownie

## TUESDAY

CHOOSE FROM

Veggie cottage pie  

Chicken nuggets with  
diced potatoes 

ON THE SIDE


Vegetables of the  
day or salad

TO FINISH

Fruit, mousse or jelly

## WEDNESDAY

CHOOSE FROM

Handmade margherita  
pizza 

Handmade BBQ pizza  
topped with chicken

ON THE SIDE

Vegetables of the  
day or salad

TO FINISH

Jammy shortbread  
biscuit

## THURSDAY

CHOOSE FROM

Quorn and leek crown  

Sliced pork and Yorkshire  
pudding

ON THE SIDE


Roast potatoes, gravy  
and vegetables of the day

TO FINISH

Fruit, mousse or jelly

## FRIDAY

CHOOSE FROM

Tomato pasta with  
Somerset cheddar cheese 

Baked Omega 3 fillet  
fish fingers

ON THE SIDE

Chips, vegetables of the  
day or salad

TO FINISH

Toffee apple sponge



**Click to  
download**  
our picture menu  
resources.



# YOUR SCHOOL MENU CALENDAR

WEEK 1

WEEK 2

WEEK 3

APRIL 2025

Su	Mo	Tu	We	Th	Fr	Sa
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

MAY 2025

Su	Mo	Tu	We	Th	Fr	Sa
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

JUNE 2025

Su	Mo	Tu	We	Th	Fr	Sa
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

JULY 2025

Su	Mo	Tu	We	Th	Fr	Sa
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

SEPTEMBER 2025

Su	Mo	Tu	We	Th	Fr	Sa
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

OCTOBER 2025

Su	Mo	Tu	We	Th	Fr	Sa
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

“ We always say that you learn better on a full stomach, so my daughter always finishes her school lunch. She absolutely loves them!

Parent comment ”

