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Dear Parents/Carers,

Some cases of head lice have been reported recently and I would like to remind you how to treat them.

Please could you take extra care in checking your child's hair, as regular routine checks will help to alleviate the spread throughout the school and the family. Although lice can be seen in dry hair, the best way to check is by the combing of wet hair with a fine toothed 'detector' comb.

Treating if necessary by either:

Wet Combing method

- Wash the hair in the normal way with an ordinary shampoo.
- Use a generous amount of hair conditioner and while the hair is still wet use a comb to get rid of any tangles.
- Comb in sections from the roots with a special fine-toothed detection comb. Ensuring the teeth of the comb touch the scalp to the hair end with every stroke.
- Clear the comb of lice between each stroke by wiping the comb on a clean tissue or rinsing it.

If you find any lice, repeat this routine every 3-4 days for the next 2-3 weeks, so that any lice emerging from the eggs are removed before they can spread.

Using Lotions

These are available from the chemist over the counter or on prescription for children. The chemist will advise on which lotion to use. It is important to carefully follow the instructions that come with the treatment you choose.

If lice are found, it is most important to check and if necessary, treat the rest of the family on the same day. Regular wet combing, as part of routine hair washing, is the best way to prevent the problem recurring.

If you require any further information you may find the following website helpful
www.nhs.uk/conditions/head-lice

Yours sincerely

N.Potter

Mrs N Potter
Head Teacher

